



# Clifton Presbyterian Church WOMEN'S RETREAT 2018

**2018 Fall Women's One Day Retreat –  
“Storytelling as a Spiritual Exercise”**

**Join us on Saturday, November 3rd  
from 9:30 A.M. to 3:30 P.M.**

for a day of Sabbath and exploration at the beautiful Caol Ait (The Thin Place) retreat center, 14401 Twin Lakes Road in Clifton, VA.

We will spend time deepening our spirituality in practice of storytelling, inspired by the authors of the book, **“Experiencing Spirituality: Finding Meaning Through Storytelling”**. Following in the footsteps of our ancestors in faith, we will look for God’s voice in and through the recounting and interpreting tales from all ages and cultures, including our own, concentrating on the experiences of *listening, humor and memory*. We will be led in practices designed specifically to explore our deep and old spiritual connections with the art of storytelling. There will also be time for quiet meditation, rest and play.

The retreat will be led by CPC Elder Francine Maestri. Breakfast, snacks and lunch will be provided. The cost per participant is \$55. Please register\* before Friday, October 26 to reserve a place for this special day to retreat, restore and to re-create! Contact the CPC office at (703) 830-3175 or email [office@cliftonpc.org](mailto:office@cliftonpc.org) for more information.

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Name: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_ Cell \_\_\_\_\_

Home \_\_\_\_\_

Food Restrictions: \_\_\_\_\_ (Gluten? Vegetarian? Other?)

Transportation Request \_\_\_\_\_ (Yes/No) Cost: \$55 Check ( ) Cash ( )

*\*Registration forms and payment may be given to CPC office manager Melissa Mackey, dropped in the offering plate during Sunday service, or mailed to Clifton Presbyterian Church, 12748 Richards Lane, Clifton, Va. 20124. Please make checks payable to Clifton Presbyterian Church and mark “Women’s Retreat” in the notation line.*